



Appalachian Trail Challenge

Participant Name _____ Age _____ Birthdate _____

Street Address _____ City _____ State _____ Zip _____

Phone _____ Email Address _____

I _____ (Participant/Parent) hereby affirm that I am or the above person is in good physical condition and does not suffer from any disability that would prevent or limit participation in this program. In consideration of myself, my heirs and assigns, hereby release by the Workman Sports Complex from any claims, demands, and causes of action arising from my or the above named person's participation in any of the above stated programs, and I hereby release the Workman Sports Complex, from any liability now or in the future including but not limited to heart attacks, muscle strains, pulls, tears, broken bones, shin splints, heat prostration, knee, lower back, or foot injuries and any other illness, soreness or injury however caused occurring before, during or after participation in any other of the above stated programs offered at the Workman Sports Complex or at any time, while in the vicinity of the premises of the above stated business, or in any activity sponsored, represented, or organized by the Workman Sports Complex, for any reason. I agree that my or my child's picture or likeness can be represented and published in any by the Workman Sports Complex. By signing, I hereby affirm that I have read and fully understand and agree with the above waiver.

Signature of Participant/Parent: _____ Date: _____

- **Early registration ends Friday, January 3rd**
 - **This guarantees a t-shirt with registration fee.**
 - **May purchase t-shirt for \$12.50**
- **Challenge runs January 17th- March 20th (9 weeks)**
- **4 participants per team, including 1 team captain**

Please circle shirt size:

Small Medium Large X-Large 2XL (additional 2.00) 3XL (additional 4.00)

Fee: Member \$35.00 Non-member: \$45.00

For Office Use Only

Payment Method: Cash _____ Check _____ Credit Card _____ Amount _____

Date Paid _____ Processed _____ Employee _____